

# 5 PESTICIDE SAFETY TIPS FOR FARMWORKERS

**DO IT FOR YOU. DO IT FOR YOUR FAMILY!**

**1**

Wear clothes with long sleeves and long pants, shoes or boots, socks, a hat and/or scarf, and gloves.



**2**

Always wash your hands before eating, drinking, smoking, chewing gum, using your phone, or going to the bathroom.



**3**

Do not mix clothes that have pesticide residues with other clothes. You must wash them separately.



**4**

Take a shower or bath as soon as you get home from work and before any contact with children or family.



**5**

Never put pesticides in food or drink containers and never take farm pesticides or their containers home.

